

THE TRAINING ROOM - SCHEDULE

March 19	Friday, 6:30 – 8:30pm	Andy Anima	Mascot Purgatory	This performance reflects to some degree of the history of the mascot, the mascot's role as a medium between the fanatical sports fan and the teams they have a love/hate relationship with. This disgruntled and somewhat disinterested mascot finds himself in limbo, searching for a sporta team to find cause to get behind and resurrect his spirit that has deflated and demoted from the ranks of the chosen elite mascots.
March 20	Saturday, 1:15 – 5:00pm	Sean Starowitz	Playmaking in Football	Interactive crash course in play-making, strategies, and camaraderie in the NFL!
March 19- 28	Online at buldsomethingtogether.com	Zach Springer	Build Something Together	For 2 weeks Springer will provide his skills as a free handyman to people in Toronto, streamed online.
March 30 - April 1	Thursday @ 8pm; \$5	Jeff Harshbarger and guests	Game Pieces	A group of composers and musicians will collaborate to create a game piece. A game piece is kind of composition where a group performers are given a set of rules with which to spontaneously create a piece of music. Game pieces rely on the interactions of the players to determine how the piece will unfold. Improvisation is a key component, as each playing of the game will result in a completely unique performance.
April 2- 3	Friday, 6-9pm	Johnny Naugahyde	Kilgore Trout Flies	The artist will pitch a tent and camp out as he dedicates himself to learning to tie trout flies. Visitors welcome!
April 4	Sunday, 2-5pm	Json Myers	Artist in the Arena	Come experience the COWTOWN SHOW DOWN! See first-hand two of Kansas City's premier painters battle in a heated head to head competition from which only one competitor can emerge as Champion.
April 8 - 9	Thursday & Friday, 6-7pm	Jaclyn Senne/Stephen C. Proski	Camp Fan	Camp Fan is an interactive/time-based installation where participants perform events and challenges specific to the space. Activities will include sign making, body and face painting,

April 10	Saturday, 6-9pm	Mike Hill	Baseball Project Live	aerobics, mascot (re)construction, and jeopardy! The overall intent is to nurture certain ideas or speculations one might have about being a "fan" in regards to the context of art. Shortly after, there will be an indoor soccer scrimmage as well as a performance by the most punk band ever, SPORTS! For the Baseball Project Live performance, artist Mike Hill will create a series of drawings based on the pitch-by-pitch outcome of the Red Sox vs. Royals game on April 10th, 2010. The drawings will be created in real time, while the game is broadcast live in the gallery.
April 15 - 17	Thurs 12-2:30 & 4-6:30pm Friday, 2:30-5 & 6:30-9pm Sat, 12-2:30 & 4-6:30pm	Lori Waxman	60 WRD/MIN Art Critic	Renowned Chicago based art critic/writer Lori Waxman will write on-the-spot, approximately 200 word each critical reviews of the work of KC artists. A call for appointments + walk in hours will be posted.
April 22 - 23	Thursday + Friday, 6-9pm	Jenna Stanton	PrintCycle	PrintCycle will use the Training Room to create large scale prints with bicycles. This printmaking performance will explore what it means to be an individual and part of a team. The KC cyclist community is encouraged to come and make their mark anytime on either days.
April 24	Saturday, 7-8pm	Lori Bury	Marathon Canoe Racing	Artist and racing veteran Lori Bury will introduce the Kansas City gallery goer to a sport sub-culture that few know and even fewer have the balls to be a part ofMarathon Canoeing. The <i>Texas Water Safari</i> is known as "The Worlds Toughest Boat Race" and Bury will explain why. Come find out the secrets to surviving this grueling, 260 mile, non-stop marathon as Bury reveals such secrets as, "how to pee while paddling," "what to do in situations of severe chafing," and the classic debacle "how to keep your grip on reality when you are hallucinating like crazy."
April 27 - 29	Tuesday-Thurs, 12-7 pm	Margaret Shelby	Gun Control	Guns were so scary to mebut shooting has been historically and remains a sport where real skill comes from instruction and practice, the definition of training. For Gun Control, The Project Space will be converted into a shooting gallery for three days, with shell casings, sound effects, and shot up targets echoing the dedicated practice of the sport shooter overcoming her fears.
April 30	Friday, 7-9pm	Paul Shortt	Calvinball Game	Come play Calvinball. A game were you, as a participant, create and make up the game. The game is based off the cartoon strip

				Calvin and Hobbes, were Calvin and Hobbes would make up new rules of the game to there own advantage. Please bring your imagination, sports equipment, and the desire to talk about, create and play games.
May 1	Saturday, 7-8:30 pm	Corinna West	Because I Can	Corinna West will be performing an interactive workshop combining a women's Judo demonstration with motivational speaking and spoken word poetry. She will be sharing her experience of competing in the Olympics to help audience members become catalysts for change.
May 5 - 6	Wed. + Thurs, 7-9pm	Maria Calderon	Every Body Has Communities	A live taping of an educational video that encourages the audience to participate in activities that stimulate the major body systems. Through activity and education this video will unite Children and Adults on how we can connect with our subtle body systems through posture and movement to improve health.